

## Online social activities to generate a sense of community

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## Context

- Land One objectives
- 2020-2021 cohort
- About 40 students (usually 15-20 attended each social event)
- Optional social activities (usually in the evenings) in Zoom every 2-3 weeks



## Speed friending

Break-out groups (2 students) for 2 minutes then switch
Objectives: Break the ice and get to know each other
Examples of questions:

- If you could travel anywhere in the world, where would that be and why?
- If you could invite anyone, dead or alive, to dinner, who would it be?
- What is the most adventurous thing you have ever done?
- What would you take with you to a desert island?
- If you would be a super hero, which super power would you have?


## Trivias

Potatoes are native to:

## 21



Which Land One student has an identical twin?



## Online games



## Emotional check-in

- Break-out groups (4-5 students) followed by sharing with the rest of the group:
- How have you been feeling so far?
- What is one strategy that is helping you cope/succeed in this term? (i.e. something that you are doing well)
- What is something that you are doing that is NOT helping you succeed this term?
- Final question/reflection:
- Is there anything that could be done by UBC, your faculty or yout instructors to help you succeed?


## Reflections



## Impact

- I received support from other students in Land One (93\%)
- Land One helped me with the transition to university (93\%)
- I feel I belong to the Land One community (80\%)


## Thank you!

