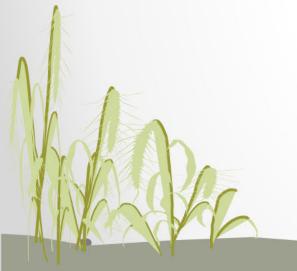


# Online social activities to generate a sense of community







#### Context

- Land One objectives
- 2020-2021 cohort
- About 40 students (usually 15-20 attended each social event)
- Optional social activities (usually in the evenings) in Zoom every 2-3 weeks



# Speed friending

Break-out groups (2 students) for 2 minutes then switch Objectives: Break the ice and get to know each other Examples of questions:

- If you could travel anywhere in the world, where would that be and why?
- If you could invite anyone, dead or alive, to dinner, who would it be?
- What is the most adventurous thing you have ever done?
- What would you take with you to a desert island?
- If you would be a super hero, which super power would you have?

### Trivias

#### Potatoes are native to:



31 Answers

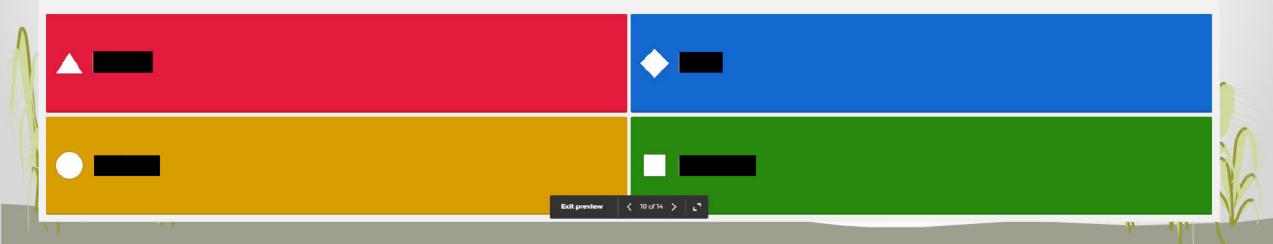


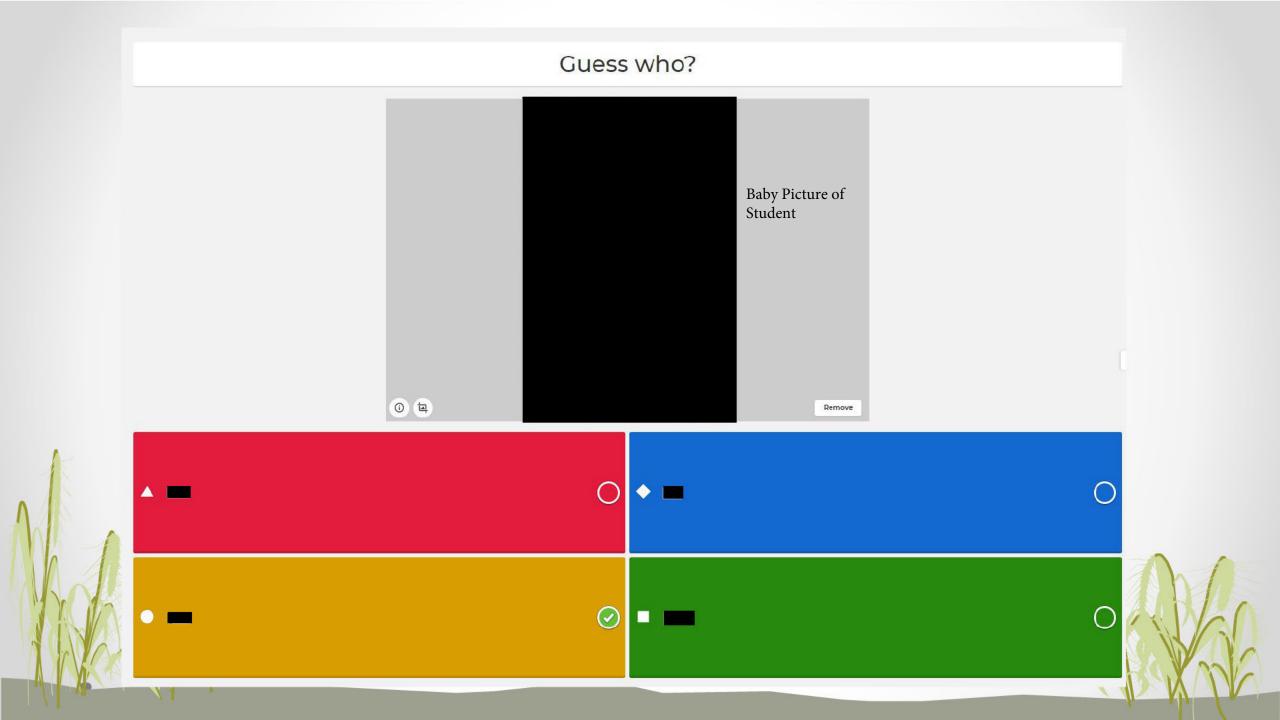
#### Which Land One student has an identical twin?



28

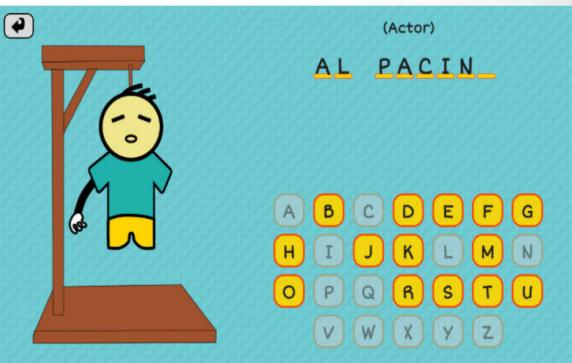
6 Answers





# Online games

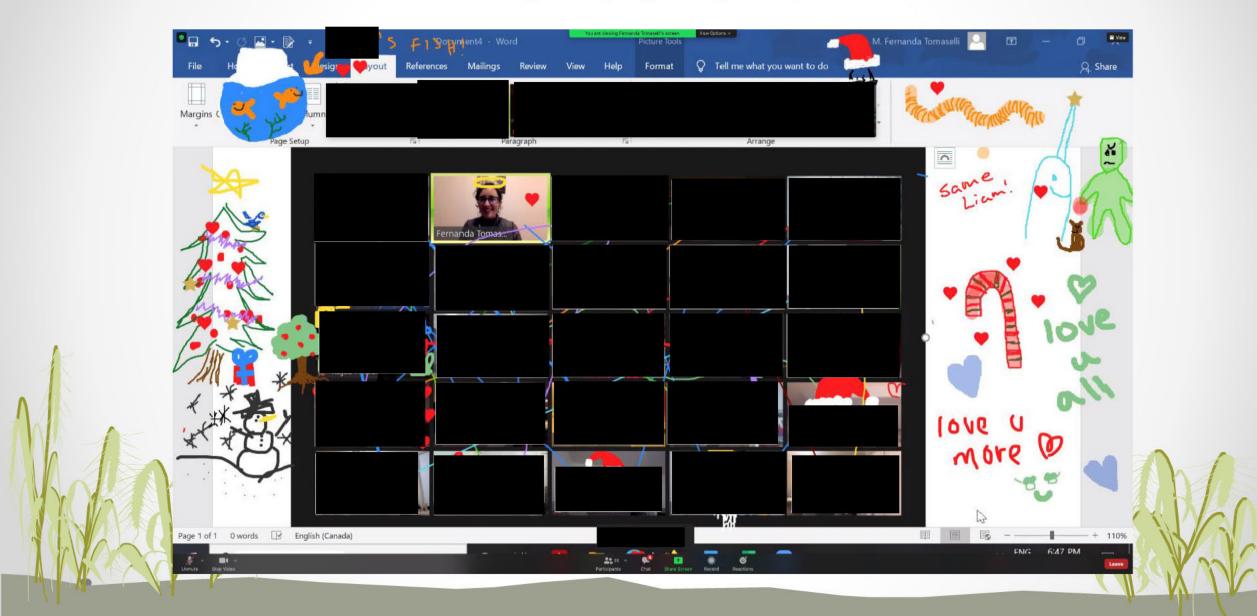




#### Emotional check-in

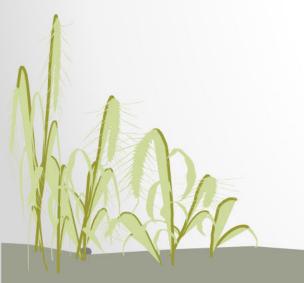
- Break-out groups (4-5 students) followed by sharing with the rest of the group:
  - o How have you been feeling so far?
  - What is one strategy that is helping you cope/succeed in this term?
    (i.e. something that you are doing well)
  - What is something that you are doing that is NOT helping you succeed this term?
- Final question/reflection:
  - Is there anything that could be done by UBC, your faculty or your instructors to help you succeed?

### Reflections



## **Impact**

- I received support from other students in Land One (93%)
- Land One helped me with the transition to university (93%)
- I feel I belong to the Land One community (80%)





# Thank you!

